

Co-Curricular Code Rules and Regulations-Updated July 2021

The following rules and regulations shall be in effect for the entire calendar year, including summer breaks and holiday periods, except as otherwise provided in this policy. These rules shall apply to all students participating in any of the following co-curricular activities:

Clubs and Activities- Forensics, Drama, Solo-Ensemble, Voluntary Music Trips, Quiz Bowl, Tech Club, Pep Band, and any other Co-Curricular Club or Activity

Fall Athletic Sports- High School Football, Middle School Flag Football, High School Cross Country, Middle School Cross Country, High School Volleyball, Middle School Girls Basketball

Winter Athletic Sports- High School Boys Basketball, High School Girls Basketball, Middle School Boys Basketball, and Middle School Volleyball

Spring Athletic Sports- High School Track and Field, Middle School Track and Field, High School Baseball, High School Softball, High School Golf

Dual Clubs, Activities, and Sports participation may be allowed. Students wishing to participate in two or more, which have similar seasons need to inform the athletic director. A **Primary and Secondary Dual Sport form** must be filled out, turned into athletic director, and signed by the student, a parent/guardian, and both coaches. After consultation by the athletic director, coaches, and administration, and subject to provisions detailed on a case-by-case basis, the administration may allow the student to participate in dual sports. Clubs, activities, and sports where participation is limited to 2 or less days per week are required to inform the athletic director, coaches, and administration, but a form is not required to participate.

It is the South Shore School District's belief that student participation in co-curricular activities can afford certain training and learning experiences not ordinarily obtainable in the regular academic curriculum. The purpose of the co-curricular programs in the District is more than the satisfaction of the participants, but includes important goals such as character development, proper health habits, team and school spirit, leadership, and good citizenship skills.

All South Shore School District students participating in co-curricular programs are expected to conduct themselves at all times, and at all places, in a manner which will bring credit to themselves, their classmates, their school, and their community. Participation in the school's co-curricular programs is desirable, but not a required part of the total educational program of students.

All Students are invited and encouraged to participate in co-curricular activities. Because of the voluntary nature of the co-curricular programs, all students choosing to take part in these programs must be prepared to accept the rules and regulations which are set forth in this policy. Those students not willing to comply with these rules and regulations should not expect to participate in co-curricular programs.

Co-Curricular Transportation

All transported students must return to the point of pick-up unless previously acceptable arrangements have been made through the principal's office, have been communicated and accepted by the supervising activity leader.

Acceptable arrangements:

1. Parent personally informs the trip supervisor that their child is returning with them.
2. Parents contact (prior to trip) the principal's office personally requesting that their child return with another stated adult family member or responsible adult 21 or older.

All direct participants shall be transported by the school to the site of activity unless other arrangements have been made between the parents and the principal's office. All student hardship problems must have prior clearance through the principal's office.

Co-Curricular- Scholastic Eligibility for Athletes(And Other Co-Curricular Participants)

All regulations of the Wisconsin Interscholastic Athletics Association (WIAA) shall apply, except where the District's rules and regulations are more restrictive.

*If an athlete/participant has spent the day in in-school suspension, out of school suspension or detention, they may not practice, or play in a game that day.

*An athlete/participant must attend the **full day** of school (8 Class Periods) in order to play or practice that day. This list of acceptable reasons to miss any hour of school are as follows:

- a. Medical Appointment
- b. Dentist Appointment
- c. Funeral
- d. School Bus Transportation issues
- e. Random Drug Testing drawing
- f. School Field Trip
- g. Other reasons deemed acceptable by Administration, acceptance must be approved before the absence occurs.

Exception: If a Co-curricular event's Transportation (Bus or School Van) arrives at the High School Parking lot after **midnight (12:01) am**, then those participants are excused for missing Homeroom and 1st Period. They would be eligible to play or practice that day if they arrive by the beginning of the 2nd Period.

Elementary (Grades 5/6) follow a different grading system than the Jr/Sr High School, therefore a student who has received an “M” mark would be equivalent to a student receiving an “F” grade and a student receiving two (2) “M” marks would be equivalent to a student receiving two (2) “F” grades. Scholar Eligibility would then be determined by the athletic director, coach or supervisor, and teacher of the student following the equivalent Jr/Sr High School criteria stated in this code.

Midterm Grade checks will be run the day the midterm grades are due (set by the office), not at the midterm, midterm academic suspensions will begin the day midterm grades are due. The Athletic Director has the authority to set the day a midterm suspension begins. The teacher, student and Athletic Director will discuss where the academic progress is at the end of the week suspension to verify if the student has regained eligibility and can be reinstated into the activity (ies) the student is participating in.

Any student receiving two (2) or more F(s) on their midterm grades will be restricted to limited participation in co-curricular activities. **For one week**, the student will not be allowed to participate in any formal competitions or activities. The student’s activities will be limited to participation in practice sessions, and attending activities only between the hours of 8:00am and 6:00 pm, except for activities that occur on Friday or Saturday nights.

Quarter Grade checks will be run the day the grades are due (set by the office), not the end of the quarter, **but** academic suspensions will begin **at the end of the quarter**. The athletic director has the authority to set the date an academic suspension begins.

Any student receiving more than one failing grade in any grading period will lose the privilege of participating in any co-curricular activity or attending any formal competitions or activities held on school nights (Monday, Tuesday, Wednesday, Thursday) for the next academic term.

Any student receiving one failing grade will be restricted to limited participation in co-curricular activities. **For a minimum of two weeks**, the student will not be allowed to participate in any formal competitions or activities. The student’s activities will be limited to participation in practice sessions, and attending activities only between the hours of 8:00am and 6:00 pm, except for activities that occur on Friday or Saturday nights.

At the end of two weeks from the date the grades were due (set by the office), the student, the teacher, and the Athletic Director will assess the student’s academic progress. The student must fill out a **reinstatement form** and return it to the Athletic Director, if the progress is deemed to be satisfactory, the student may resume full participation in all co-curricular activities.

An Incomplete grade will be treated as a failing grade until the incomplete is made up and a passing grade is earned. The student will be reinstated once a passing grade is entered into the office. The Athletic Director and School Administrator has the final authority to determine academic eligibility.

The 4th Quarter is considered continuous until the first day of school, the next school year, 4th quarter academic suspension from the previous school year, will be addressed on the first day of school and served during the 1st quarter of the next school year. This means a student may begin participating in August, but then have to serve a penalty from the 4th quarter, once school begins. A student that has 2 failing grades during the third quarter is ineligible the entire 4th quarter and this includes summer until the beginning of school.

Cases in which a student receiving a failing grade is no longer enrolled in the class in which the failing grade was given will require a special assessment of the student's academic progress by teachers in those courses in which the student remains enrolled.

The academic suspension will be served during the current or next available activity(ies) the student is involved in. A student who is academically ineligible will not be able to serve a suspension unless they are in an activity/sport to serve said suspension. An example of this rule is as follows, a student athlete fails 2 classes 4th quarter, which the suspension would be served 1st quarter of the following school year, but the student does not go out for a sport for the 1st quarter, in this case the student would serve the academic suspension the quarter for which they do participate in an activity/sports, but if said student does participate in an activity/sport 1st quarter completion of that activity is required to serve suspension.

An exception to the academic eligibility rules, is that an 8th grader's grades are expunged moving into highschool to create a fresh start for the student athlete.

Co-Curricular-Other Eligibility Requirements

All regulations of the WIAA shall apply except where the District's regulations are more restrictive.

All students participating in co-curricular programs and their parent(s) or guardian(s) shall review the rules of eligibility contained in the student handbook. Both students and their parent(s) or guardian(s) shall sign a form on an annual basis, indicating they have reviewed the handbook before the student may begin participating in any co-curricular activity. **If there are any questions regarding this policy, please contact the athletic Director.**

Co-curricular supervisors and coaches shall have the authority to establish other reasonable rules and regulations pertaining to the desired outcomes of each of the particular co-curricular activities sponsored by the School District. Co-curricular supervisors and coaches shall also have the authority to suspend students for violations of their specific rules, with cause. Such suspensions shall be reviewed by the Co-Curricular Council upon written request of the student involved. The student must submit a written request to the Co-Curricular council within three days of their notice of the suspension.

In addition to the particular rules established by specific co-curricular supervisors or coaches, the following activities are **strictly prohibited**:

- The use or possession of any tobacco/Vape products.
- The use, possession, exchange, distribution, selling, buying, or possession with intent to sell any alcoholic beverages.
- The use, possession, exchange, distribution, selling, buying, or possession with intent to sell any illegal drug or drug product.
- Any other criminal act, except for minor traffic violations.
- Being under the influence of alcoholic beverages.
- Being under the influence of any illegal drug or drug product.
- Use or possession of any substance “promoted” to be perception or mind-altering (including “synthetic” substances).
- Use of any ingredient that is on the list of banned substances by the WIAA.

Students reported in violation of any of the above restrictions shall be referred to the following Co-Curricular Council. The Co-Curricular Council shall be comprised of the following members:

- The Assistant Principal or designee
- Athletic Director
- Up to Three (3) Co-Curricular Supervisors
- One (1) member of the Board of Education

NOTE: No teacher, supervisor or coach directly in a case with a specific student shall sit on the Council for that case.

The Co-Curricular Council shall have the authority to enforce all co-curricular rules and regulations, and to suspend or expel co-curricular participants from a particular activity with cause, according to the procedures described in this policy. No student shall be denied the opportunity to participate unless such a case is first reviewed by the Co-Curricular Council.

Upon presentation of a charge that a student has violated a rule or regulation as described above, the Co-Curricular Council shall conduct a hearing at which the student and his/her parent(s) shall be entitled to present and to respond. After considering all the facts presented in the case, the Co-Curricular Council shall issue a determination as to guilt or innocence of the student.

The Co-Curricular Council shall have the authority to discuss all evidence involved in a case and base decisions on such evidence:

- a. Previous Tier placement of other infractions
- b. Refusal of Random Drug Testing

- c. Combinations of different Tier infractions
- d. Confessions
- e. Results of Random Drug Testing
- f. Student testimony
- g. Parent testimony
- h. Council's interpretation of the Co-Curricular Code
- i. Any other evidence the Co-Curricular Council deems important to making a decision

In cases where the Co-Curricular Council finds that the student violated a rule or regulation as described above, the Council will have the authority to take the following action/s:

Tier 1- Considered to be minor offenses (possession or use of any tobacco products, or other offenses deemed by the Co-Curricular Council as minor.)

Minimum Consequence- found ineligible to participate in **10%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.

1. **First time offenders** will be found ineligible to participate in **25%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.
2. **Second time offenders** will be found ineligible to participate in **50%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.
3. **Third time offenders** will be found ineligible to participate in **75%** of scheduled athletic competitions or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.
4. **Fourth-time offenders** will be suspended from all co-curricular activities for a period of one full calendar year from the date of the fourth infraction. Students may not practice during the period of suspension.
5. **Fifth time offenders** will be permanently suspended from all co-curricular activities, subject to an annual review of the student's behavior by the Co-Curricular Council, if so requested by the student in writing. A reinstatement form must be filled out and turned in to the Athletic Director for an annual review to be considered.

Tier 2- Considered to be medium offenses (possession, exchange, buying, or use of alcoholic beverages), (possession, exchange, buying, or use of illegal drug or drug product), Being under the influence of alcoholic beverages and/or illegal drug or drug product, any criminal act, except for minor traffic violations, use or possession of any substance “promoted” to be perception or mind-altering (including “synthetic” substances) or other offenses deemed by the Co-Curricular Council as medium.

In addition to suspension, if the student is involved with the consumption of alcoholic beverages, or the use of illegal drugs, the student must also submit to professional alcohol and drug assessment and counseling, as well as agree to (up to 4) drug tests in a given school year as a part of our Random Drug Testing Program before being allowed to participate in future co-curricular activities.

Minimum Consequence- found ineligible to participate in **25%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.

1. **First time offenders** will be found ineligible to participate in **50%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.
2. **Second time offenders** will be found ineligible to participate in **75%** of the scheduled athletic competitions or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of the suspension.
3. **Third time offenders** will be suspended from all co-curricular activities for a period of one full calendar year from the date of the third infraction. The student may not practice during the period of suspension
4. **Fourth-time offenders** will be permanently suspended from all co-curricular activities, subject to an annual review of the student’s behavior by the Co-Curricular Council, if so requested by the student in writing. A reinstatement form must be filled out and turned into the Athletic Director for an annual review to be considered.

Note: The District’s other tobacco, alcohol, and illegal drug use rules will also be enforced, in addition to the co-curricular consequences listed above.

Tier 3- Considered to be major offenses ((distribution, selling, or possession with intent to sell any alcoholic beverages), (distribution, selling, or possession with intent to sell any illegal drug or drug product)), **Traffic Infractions involving alcohol or illegal drug or drug product (DWI, OWI, DUI)**, or other offenses deemed by the Co-Curricular Council as major.

In addition to suspension, if the student is involved with the consumption of alcoholic beverages, or the use of illegal drugs, the student **must** also submit to professional alcohol and drug assessment and counseling, **as well as agree to (up to 4) drug tests in a given school year as a part of our Random Drug Testing Program before being allowed to participate in future co-curricular activities.**

Minimum Consequence- Tier 3 does not apply to the self-admittance consideration.

1. **1st time offenders** will be found ineligible to participate in **50%** of the scheduled athletic competitions, and or an equivalent percentage of other scheduled events, depending on the activity. The student may be permitted and is expected to practice during the period of suspension.
2. **2nd time offenders** will be suspended from all co-curricular activities for a period of one full calendar year from the date of the first infraction. Students may not practice during the period of suspension.
3. **3rd time offenders** will be permanently suspended from all co-curricular activities, subject to an annual review of the student's behavior by the Co-Curricular Council, if so requested by the student in writing. A reinstatement form must be filled out and turned in to Athletic Director for an annual review to be considered.

Note: The District's other tobacco, alcohol, and illegal drug use rules will also be enforced, in addition to the co-curricular consequences listed above.

Self-Admittance- If a student turns him/herself in for an offense(s) committed **before the school is made aware of the offense(s): The Co-Curricular Council can consider the confession and lower the consequence one level in the Tier the offense occurred. (Tier 1 and 2 consequence system)**

Decisions of the Co-Curricular Council may be appealed in writing to the District Administrator within three (3) days of the Co-Curricular Council's decision. The appeal letter must state the compelling reasons why the decision of the Co-Curricular Council should not stand.

The District Administrator will issue a written decision in response to the appeal within ten (10) school days after the letter of appeal was received. The decision of the District Administrator shall be final.

These co-curricular rules are in effect for all students participating in school sponsored co-curricular programs. A student's elementary and middle school co-curricular violations will be expunged at the end of that student's 8th grade year, with the exception of any unserved suspensions, which will be carried over to high school co-curricular experience, if necessary.

Co-Curricular Code Violations

Any student who has been found guilty of a code violation by the Co-curricular Council can be asked to submit to Random Drug Testing up to three (3) times during a school year in addition to the monthly drawings, a refusal to test will be treated as a positive test and subject to the penalties stated above.

Random Drug Testing 443.41

The Board of Education establishes a program of random drug testing for District students in an effort to deter students from the use of illegal drugs, prescription drugs illegally obtained, and to identify students who are using illegal drugs in order to provide an opportunity for intervention and treatment.

Student Eligibility

The following groups of students will be eligible for random suspicionless drug testing:

a. Co-Curricular Participants

South Shore School students who choose to exercise the privilege of participating in co-curricular activities in the district. Student participants registering for co-curricular activities will be provided with a consent form. The completion of the consent form by the student participating and, if the student is a minor, his/her parents or guardians, constitutes express permission and agreement that the student will submit to random suspicionless drug testing. Signing the consent, and adherence to the conditions thereafter, shall be a condition for participation in co-curricular activities.

b. Students Who Register to Park a Motor Vehicle in the School Parking Lot

South Shore High School students who choose to exercise the privilege of parking a motor vehicle in the school parking lot during the school day. High School students may apply for a parking permit. The parking permit application will include a consent agreement by which a student and at least one (1) parent or guardian, if the student is a minor, will agree the student is to be eligible for random suspicionless drug testing.

Substance Tested

Any illegal drug including alcohol. This includes, but is not limited to, **nicotine products**, amphetamine, methamphetamine, barbiturates, cocaine, codeine/morphine, alcohol, benzodiazepines, phencyclidine, steroids, LSD, and marijuana (THC). Drugs may be exempted if a legal and current prescription for use can be provided within forty-eight (48) hours of testing.

Random Selection of Students Participating for Testing

Students eligible in each pool of students (co-curricular participants, students requesting parking permits) will be assigned a number by school administration.

443.41 Random Drug Testing

Random draws of numbers will be conducted monthly during the school year, up to four numbers per month will be drawn. Students that participate in co-curricular activities and/or register to park a motor vehicle in the school parking lot are eligible each month for random suspicionless drug testing.

Relationship with Authorities

- a. Any alcohol, illegal drugs, illegal controlled substances, or illegal items confiscated by school authorities in the course of an investigation will be turned over to the appropriate law enforcement authority.
- b. After appropriate action has been taken, the school authorities will make contact with the parents(s)/guardian(s) to share community support available.

Confidentiality

The fact that a student has been found in violation of this policy, including the results of any drug or alcohol tests administered, shall only be disclosed to school personnel working directly with the student and/or family.

Collecting the Samples

During the school year, four students per month will be randomly selected for sample collection. These students will either give the sample at the school (with the school nurse supervising this process), or the students will be brought to a clinic to do this, with the school providing the transportation.

Positive Results/Consequences

Students who test positive for illegal drugs will be subject to consequences as outlined in the Student Handbook and/or Co-Curricular Rules.

Refusal to Test

Any student that refuses to take the suspicionless random drug test will have the following consequences applied:

- a. Co-Curricular participants: Students will be suspended in accordance with the co-curricular/athletic code. The length of the suspension is dependent upon the previous infractions the student has committed in the past. The student must successfully pass a drug test prior to reinstatement.

- b. Students with parking privileges: Students will lose the privilege of parking on all School District lots that require a permit for the period of one (1) year. The student must successfully pass a drug test prior to reinstatement of parking privileges.

Retesting

Students will have an opportunity within the twenty-four (24) hours of notification of the first positive test result to have the specimen re-tested in a certified laboratory of the family’s choice and at the family’s expense. The principal and/or administrative designee may consult with medical professionals to evaluate the results of the re-test, taking into consideration any evidence offered by the student and/or family. Should the re-test confirm a positive result, and there is not a satisfactory explanation for the positive results, all consequences specified will apply.

Tampering

Samples altered, etc. found to be “contaminated” will be treated the same as a “refusal” Retest within 24 hours at student (parent) expense will be allowed.

Co-Curricular- Concussion Information

A concussion is a brain injury and all brain injuries are serious. They can be caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

Headaches	“Pressure in head”	Nausea or vomiting
Neck pain	Balance problems or dizziness	Drowsiness
Blurred, double, or fuzzy vision	Sensitivity to light or noise	Amnesia
Feeling sluggish or slowed down	Feeling foggy or groggy	Sadness
Change in sleep patterns	“Don’t feel right”	Irritability
Fatigue or low energy	Nervousness or anxiety	Confusion
More emotional		
Concentration or memory problems(forgetting game plays)		
Repeating the same question/comment		

Signs observed by teammates, parents, and coaches include:

Vacant facial expression	Confused about assignment	Forget plays
Is unsure of game, score, or opponent		
Moves clumsily or displays incoordination		
Answers questions slowly	Shows behavior or personality changes	
Can't recall events prior to hit	Can't recall events after hit	
Seizures or convulsions	Loses consciousness	Appears dazed
Slurred speech		

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after the concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents, and students is key to student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new law (118.293) in Wisconsin now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years:

- a. An athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition or practice at that time and may not return to play until:
 1. The athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussions.
 2. The office and Athletic Director has received written medical clearance to begin the return to play program from that health care provider.
 3. The athlete has successfully completed the **Return to Play Program** with his/her coach and necessary observations paperwork is turned into Athletic Director.

Return to Play Program- one step per 24 hours, if symptoms return the athlete must stop the current step and notify the health care provider before starting the program over.

After the office and Athletic Director has written medical clearance from a certified healthcare provider: coaches may begin step one of the program with the athlete, with each step an observation log must be kept and turned into Athletic Director before the athlete can return to play.

Step 1: About 15 minutes of light exercise: stationary bike or jogging

Step 2: More strenuous running and sprinting in the gym or field without equipment

Step 3: Begin non-contact drills in full uniform, may resume light weight lifting

Step 4: Full contact practice

Step 5: Full Game Clearance